

Celebrating biodynamic farming

We're not alone in our passion for biodynamics. Consumers and growers are increasingly choosing biodynamic produce because they love both the quality of the products and the healing effects the farming methods have on the soil.

Nowhere is this more evident than in Australia's vibrant biodynamic wine industry. Celebrated Australian wine journalist Max Allen is so enthusiastic that he set up a website devoted to biodynamic wines.

On www.redwhiteandgreen.com.au he explains his own conversion to biodynamic: "... I noticed that, more often than not, well-made biodynamic wines were sending a chill down my spine with their intensity and complexity of flavour. They not only tasted better than most 'conventional' – even organic – wines. They tasted different. These were wines with an extra vitality and liveliness on the tongue."

Vigneron Rod Windrim from Krinklewood Biodynamic Vineyard isn't surprised that Allen prefers biodynamic wine. "As biodynamic farmers, we take organic principles to the next level. We don't just avoid synthetic pesticides and fertilisers, we also use homoeopathic-style preparations to nurture the soil, and we work in tune with the sun, moon and constellations to harness nature's vitality and energise our crops."

Windrim couldn't be happier with the results, saying: "Biodynamic is better for the environment, better for the people who work and live on the property and it gives us better quality wine." Krinklewood have been using biodynamic principles since 2002 and became fully certified in 2008. www.krinklewood.com

At for Every Body, we're passionate about biodynamic agriculture – we know that the integrity and uncompromising dedication of farmers is a vital ingredient in making earth-friendly, exquisite products.

WIN 1 of 4 Krinklewood mixed six packs

For your chance to try Krinklewood's award-winning Hunter Valley wines simply email your name and address to competition@foreverybody.com.au and in 25 words or less tell us why you believe biodynamics is the way of the future. (Promotion closes 31/10/09. Entrants must be over 18.)

